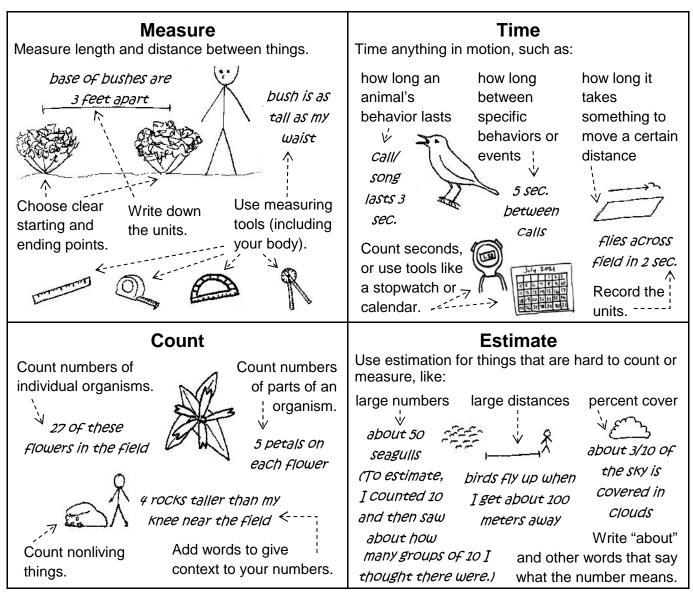
## Nature Journaling: Hidden Figures

You can use numbers to observe and describe natural objects. Find a natural object, such as a plant, to focus on. Or explore multiple objects in a place like your backyard or a park. Record your observations on the back of this paper, on another sheet of blank paper, or in a journal or sketchbook.



## Ways to Quantify - Try one or more of these:

After nature journaling, think about: What patterns did you notice?

based on activity from How to Teach Nature Journaling by John Muir Laws and Emilie Lygren, available at howtoteachnaturejournaling.com

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