

Nature Journaling: Change over Time

Find something that you think will change. Observe it at least 4 different times - maybe every day, every week, or once a month.

- Each time you observe, record your observations with words, pictures, and numbers.
- Take detailed notes, especially about parts of the object you predict will change the most.
- Measure the object. You can record measurements in a table. Later, you can use the data from the table to make a graph.

1.

Location: _____ Date: _____

Part of object measured: _____

Date				
Measurement: _____				
Units: _____				

2.

Date: _____

3.

Date: _____

4.

Date: _____

Graph:

What changes did you notice?

What might have caused those changes?

based on activity from *How to Teach Nature Journaling* by John Muir Laws and Emilie Lygren, available at howtoteachnaturejournaling.com