What to Bring to Westminster Woods

Dear Parent(s) and Students,

We are excited about our upcoming environmental education field trip. Our program provides a hands-on outdoor learning experience. Be prepared to explore, discover, get dirty, and have adventures in a healthy and safe environment with an experienced staff of teacher naturalists. Westminster Woods is located in the coastal hills of Sonoma County (1½ hours north of San Francisco). Our site of 200 acres is nestled in a redwood forest canyon along Dutch Bill Creek in the Russian River Watershed. We are 8 miles "as the crow flies" from the ocean. Our elevation varies from 200 ft. to 1,000 ft. above sea level. The weather along the coast varies. Mornings can be cold and foggy and storms are unpredictable, so be prepared. If you have any questions please contact your child's teacher.

What to fill out:

- ❍ Medical and liability and release form, to be **returned to school by _____.**

What to bring:

❍ Sleeping bag	❍ Jacket	❍ Flashlight
❍ Towel & washcloth	❍ Soap	❍ Shampoo
❍ Toothbrush	❍ Toothpaste	❍ Water bottle
❍ Day pack	❍ Rain gear	❍ Clothes
❍ Hiking shoes	❍ Extra shoes	❍ Pencil and pen
❍ Hat	❍ Sunscreen	❍ Pillow
❍ Swim suit		

Optional items:

❍ Camera & film	❍ Alarm clock	❍ Umbrella
❍ Reading book	❍ Binoculars	❍ Telescopes

Please DO NOT bring:

- Electronic devices (iPods, radios, games, etc)
- Student cell phones
- Alcohol/Drugs
- Knives/weapons
- Platform or tall shoes
- Fishing gear

About Westminster Woods Environmental Education Program…..

We are a private non-profit organization. Please visit our web site at: www.westminsterwoods.org. The **goal of our program** is for students to appreciate, understand and care for the earth.

Sincerely,

David Berman
Environmental Education Director
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