

EE Sample Menu

First Day

Dinner

Pasta Bar (Penne pesto/Ravioli)
Meatballs or meat sauce
Broccoli
Salad
French rolls
Dessert/milk

Second Day

Breakfast

French toast
Sausage or Veggie Sausage
Strawberries
Cereal/juice/milk

Hot Lunch

Chicken strips
Tater tots
Salad Bar
Cookie/punch

Dinner

Tacos
Beans
Rice
Ground Beef
Condiments (salad fixings)
Brownies/milk

Third Day

Breakfast

Scrambled eggs
Potatoes
Coffeecake
Cereal/juice/milk

Hot Lunch

BBQ Hot dogs
Chili
Fritos
Condiments/Watermelon
Ice cream/Punch

Westminster woods EE Program

Dinner

Turkey
Mashed potatoes/gravy
Green beans
Biscuit
Dessert/milk

Fourth Day

Breakfast

Pancakes
Sausage
Applesauce
Cereal/juice/milk

Field and Trail Lunches

Cold Cuts/Cheese Sandwiches
Peanut Butter/honey Sandwiches
Chips
Granola bar
Trail Mix
Apple/orange

Dinner

Tri-tip
Rice pilaf
Whole wheat roll
Salad
cake

Last Day

Breakfast

Ham & Cheese croissant
Fruit salad/Yogurt
Cereal/Juice

Hot Lunch

Pizza
Salad
Pineapple tidbits
Cookie/punch