

Permaculture Design Course, Nature and Spirit

Westminster Woods, Occidental, CA, March 5-10 and March 26th-31st, 2012

Hours: 9:30-12:30pm (3 hrs am) and 2:00-6:00pm (4 hr pm) and some 8:00-10:00pm (2 hrs pm)

Core Instructors: Kat Steele, with Jeff Adams, Spencer Nielsen, and Jay Ma

and Special Guests, including Rebecca Newburn, Jay Holecek, John Valenzuela, Brock Dolman, Michael Presley, and Benjamin Fahrer

Teacher's Assistant: Colin Miller, Site Laision: Sam Yates

Preliminary Course Schedule

Monday 5th

9:30am
Check in and
Opening Invocation
KS/JA

Our extended Intros
Learning Objective.
KS/JA

Spectrogram,
Grouping for
BeBop **KS**

Break
BeBop **KS**
Logistics of tasks
Desired Outcomes
KS/JA

12:30 Lunch

2:00pm
Context of
Permaculture
JA/KS

What is
Permaculture and
Why?
History
Ethics and
Principles

6:00 Dinner
Take home work
Adaptive Learning:
Journaling/Reflect
ion

Tuesday 6th

9:30am
Check-in and
movement
Name Games **KS**

Design Concepts,
Themes and
methods **SN**

Patterns in Nature
KS

12:30 Lunch

2:00pm
Design Process
Mandala **JA**

Climates & Micro
Climates **JA**

Break

Spinning the
community Web
SN

5:30

Break

6:00 Pizza Dinner

**7:30pm Evening
Presentation**
Invisible
Structures-
Governance,
Politics, Authentic
Communication
Deep Ecology **KS**

Wednesday 7th

9:30am
Buddy Principles
Check in

Natural Building-
JA
Or Switch to Field
Trip to Sunrise
Ridge?? Hands-on
activities....???
Of intensive zones
1-3 of rural
homestead and
mini-production
farm

Break

Climates
Continued
12:30 Lunch

2:00pm
Eco-
Immuniutrition,
Food as Medicine,
Permaculture in the
Kitchen-**Jay
Holecek**

Break
Group Facilitation-
Group Dynamics
Small
Group/Inquiry **KS**

Design Project
Assignment

**5:30
Break**

6:00 Dinner

Thursday 8th

9:30am
Best of Yesterday **KS**

DVD Resources **SN
/KS**
Trees and their energy
interactions **SN**

Water / Keyline
Design **JA**

Break

12:30 Lunch
Swales **JA**

Roof water
Catchment

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Greywater and JA 5:30 <i>Break</i>	Hands on- Mushroom Cultivation? JA	8:00pm Fire Circle!	Trees/Food Forestry?	earthworks- a good place to do a few swales...	Guest w/Michael Presley	Travel to OAEC Sense of Place, Watershed Awareness- Show Roadwork and intro to Sowing Circle Intentional Community
6:00 Potluck Dinner	<i>Break</i>	<u>Saturday 10th</u> 9:30am	5:30		12:30 Bring Lunch	
7:30pm Evening Presentation	12:30 Lunch	Movement Check In KS	6:00 Dinner	<u>Monday 26th</u> 9:30am	2:00pm @ Ocean Song	Awareness- Show Roadwork and intro to Sowing Circle Intentional Community
<i>Dirt the Movie</i>	2:00pm Composting Talk and Demonstrations JA	Earth Works JA	Seed Libraries? Guest Rebecca Newburn	Movement KS Check In 10"	Principle Summary Strategies KS/SN	Brock Dolman/ Kendall Dunnigan
<u>Friday 9th</u>	JA	Mapping JA	JA's desired week 1 field trips: Sunrise ridge; Christopher Peck	Welcome Back Check in	Home Activities	12:30 Lunch <i>At OAEC or Kari's</i>
9:30am Revisit Bebopt5" KS	<i>Break</i> with Basic Gardening JA	2:00- Agro Forestry Hands On at WW- JA	Kari Stettler's Small home stead in Sebastopol – 3 acres, Navaho sheep need <u>garden design and</u>	Field Trip (Willow Creek & Ocean Song) – KS	Ends @ 3:30	2:00pm Oceansong or Kari Stettler's Homestead in Sebastopol?
Soils-Food Soil Web -Texture, Structure, Nutrient Cycling Property JA	5:30 7:15 Dinner	Guest John Valenzuela-Fruit		Observations, Nature Awareness	<u>Tuesday 27th</u> 9:00am Movement SN Check In 10"	Land stewardship and farming strategies

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Working with animals	Meet at Westminster and travel to ?	Recap and summary of the course	Group Design Time <i>KS/</i>	<hr/>	Design Project Presentation 3	Movement Check In <i>KS</i>
6:00 Dinner				<u>Friday 30th</u>	<i>Break</i>	
7:30pm Evening Presentation Permaculture in the Urban Landscape - <i>KS</i> Guest Josiah Raison Cain	Check-in and movement Guest Jay Ma 12:30 Lunch	Q&A of any info needed 5:30 Break 7:30pm Moving the Universe Story- Guest Rebecca Strong?	Break 12:30 Lunch Alternative Economics- Complementary Currencies <i>KS</i> 5:30	9:30am Movement -Check In Design Project Presentation 1 Break Guest Benjamin Fahrer	Design Project Presentation 4 5:30 6:00 Dinner 8:00pm Passion Show! Everyone Invited (all guest teachers and family/significant others)	Guest Benjamin Fahrer Next Steps and Resources <i>KS</i> 12:30 Lunch 2:00pm Closing Circle Ceremony <i>KS</i>
Take home work Adaptive Learning: Journaling/Reflection	Continuation of Morning sessions Break	<hr/>	<hr/>	Guest Benjamin Fahrer		Ends @ 3:30
<hr/> <u>Wednesday 28th</u>	3:30 pm Travel back to the Woods	<u>Thursday 29th</u>	Break 6:00 Dinner 7:30pm Evening Design Time	Design Project Presentation 2 12:30 Lunch 2:00pm	<hr/> <u>Saturday 31st</u>	
9:30am		9:30am Best of Yesterday <i>KS/Rebecca</i>	<hr/>		9:30am	